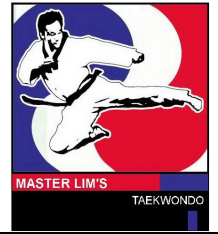


Requirements Brown to Jr Black Belt



BROWN BELT Meaning: The fullness of Autumn.

Student displays courage to achieve goals.

CURRICULUM

- ❖ **WHITE TAPE** Ten Basic Motion
Ten Knife Hand Blocks with Movement

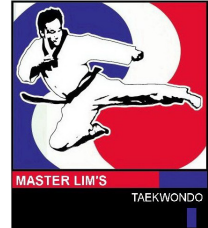
- ❖ **YELLOW TAPE** kicking Combination (guarding stance)
- ❖ Double Kick, Turn around, kick (both side)
Sparring: Combination kick 3

- ❖ **BLUE TAPE** Self Defense (Knife attack from front)

- ❖ **RED TAPE** Belt Meaning
Breaking: Kick, Double Kick

- ❖ **BLACK TAPE** TAE GUK FORM (Yook Jang)

Education Guide



BROWN TO JUNIOR BLACK BELT

➤ Simple Korean Terminology & English Translation

<i>Korean</i>	English
Ki	Spiritual energy
JeeRuGee	Punch
ChaGee	Kick
MahkGee	Block

➤ How do you show respect to your seniors and juniors?

- Bow to seniors. Encourage juniors to do their best.

➤ How can you develop your Martial Art skills?

- by trying my best, setting new goals, and never giving up.

CONGRATULATIONS!!!

Keep up the good work and all the color belts you've earned!